

THE MOST IMPORTANT

P

ETITION

A prayer of **petition** is asking God for something that you desire, like healing, guidance, strength, or forgiveness. You can also pray for God's blessing on others, interceding for their needs or well-being.

A

DORATION

A prayer of **adoration** glorifies God by recognizing His goodness, power, and wisdom. Express your love and adoration for God by praising Him and acknowledging His roles as Creator and Redeemer.

R

ECONCILIATION

A prayer of **reconciliation** is meant to restore our relationship with God by recognizing our faults, expressing our sincere regret, and humbly asking for forgiveness. God is loving and merciful.

T

HANKSGIVING

A prayer of **thanksgiving** expresses gratitude to God for His plentiful blessings. Consider all of the good aspects of your life and recognize their source in God. Your life itself is sustained by God in His love.

OF YOUR DAY IS PRAYER!